



Little Creative Chef Grow, Cook, Eat

Come and join us for these **FREE ZOOM** sessions
for easy ideas to help you and your family
cook and eat together.

Tuesday 9th March

Tuesday 16th March

Tuesday 23rd March

Tuesday 30th March

11:00am -12:00pm



Easy meal ideas

Zoom Sessions



To book your place:

text or leave a message on: 07377 724243

or email: ladywell.cc@lewishamcfc.org.uk

